

North Carolina resource guide for hurricane preparedness during COVID-19 pandemic

This guide provides information for hurricane preparation and recovery in North Carolina. For more information, contact your county emergency managers or local nonprofits.

Below are some resources to help you stay safe and access the information you need:

Supplies to Have Ready

- 3-day supply of water (1 gal. per person/day) and non-perishable food
- Flashlight
- Portable radio w/ batteries
- Phone charger
- First aid kit
- Multipurpose tool
- Hand sanitizer/soap
- Personal hygiene items
- Face masks and gloves
- Insurance documents

Helpful Contact Information

FEMA Assistance: 1-800-621-3362

Disaster Distress Helpline: 1-800-985-5990

Red Cross: 1-800-733-2767

NC Emergency Management: 1-800-858-0368

Contact information by county:

<https://www.ncdps.gov/emergency-management/em-community/directories/counties>

Build A Kit

Have enough food, water and other supplies to support your needs for several days.



Prepare Your Home



Have An Evacuation Plan



Online Resources

FEMA: <https://www.ready.gov/hurricanes>

COVID-19: <https://www.coronavirus.gov>

Extreme weather trends:

<https://nca2018.globalchange.gov/chapter/19/>

Español Guia Sobre Huracanes:

<https://bit.ly/spanhurricane>

Home Repair Grants:

<https://housemethod.com/home-warranty/home-repair-grants/>

Disaster Recovery Loans:

<https://www.threadcap.org/disaster-recovery/>

Flood Insurance Information:

<https://ncdoi.gov/disaste>

ReadyNC: <https://www.readync.org/>

NC Hurricane Guide: <https://bit.ly/nchurricane>

NC Recovery Assistance:

<https://www.rebuild.nc.gov/>

Volunteer and Donation Opportunities

some options if you have the means:

Volunteer: [Humane Society of Eastern Carolina](#), [Volunteer Match](#), [North Carolina VOAD](#)

Donate: [Outer Banks Community Foundation, NC](#), [Community Foundation Relief Fund](#), [Employee Relief Fund](#)

Local Media Resources

NC Health News:

<https://www.northcarolinahealthnews.org/covid-19-coverage/>

Enlace Latino NC: <https://enlancelatinonc.org/>

News & Observer:

<https://www.newsobserver.com/>

EdNC: <https://www.ednc.org/>

NC Policy Watch: <http://www.ncpolicywatch.com/>



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